

September 5, 2026

Dear St. John XXIII Families,

RE: In-School Field Trip: Fitset Ninja Mobile Obstacle Course

We are excited to welcome Fitset Ninja to St. John XXIII Catholic School from September 21–23, 2026! All students from Kindergarten to Grade 9 will have the opportunity to experience Fitset Ninja's mobile obstacle course right here at school.

Fitset Ninja coaches will guide students through more than 12 fun and challenging obstacles that encourage students to climb, balance, jump, swing, and move in a variety of ways.

Students will have the opportunity to:

- Build strength, balance, coordination, agility, and body control
- Challenge themselves and try new activities
- Develop confidence, perseverance, and problem-solving skills
- Practice teamwork and encourage their classmates
- Have fun while being active!

When: September 21–23, 2026

Session Length: Approximately 30–45 minutes, depending on grade/age

Cost: \$7.50 per student available to pay on PowerSchool by September 18.

Each class will participate in a scheduled session during the school day. Sessions will be led by trained Fitset Ninja Coaches, with safety and appropriate challenges for each age group being a priority.

This experience supports the Physical Education and Wellness/Health curriculum across all grade levels while promoting physical skills, confidence, cooperation, perseverance, and personal challenge.

We ask families to complete payment as soon as possible so we can finalize arrangements for this exciting school-wide experience.

We look forward to seeing our students move, challenge themselves, and discover their inner ninja!

Thank you for your continued support.

Sincerely,

Ms. LeBlanc

Phys Ed Lead Teacher